

What is coronavirus?

Our Body Worksheet

Your parents and teachers are talking about the coronavirus.



What is a virus?

A virus is a type of germ. It can make us sick. When you have a fever, a runny nose and a cough, it's a germ that is making you sick.

A virus is so tiny we can't even see it. Scientists can see them in a microscope. Viruses look different from one another.

What is Coronavirus?

The coronavirus is a new kind of virus. This virus looks like it's wearing a spiky crown. Corona in Latin means 'crown' and that's how this virus got its name: **coronavirus**.

The symptoms of coronavirus are a fever, cough and shortness of breath.



How does the virus make me sick?

Viruses make people sick by stopping the human cells from working properly. Your body has an army that fights the virus, though. This is called your immune system. When you get a fever and a cough that means your immune system is fighting against the virus.

Rest and drink lots of water; you'll get better soon!

PROTECT Yourself

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Be a HERO!

Wash your hands!

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Prevent the Spread

Wear a mask

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How to wash your hands

Wet your hands.
Apply the soap.
Scrub your hands.
Clean your thumbs.
Clean your nails.
Clean your fingers.
Rinse your hands.
Dry your hands.

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Who must wear a mask?

If you have a **FEVER, COUGH** or **RUNNY NOSE**.
If you are **RECOVERING**.
A mask protect you from others if they **COUGH**.

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When do I wear a mask?

When I go to the shops. When I go to school. When I go to the hospital. When I go to places where there are other people.

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How to stay safe

Cover your sneeze or cough.
Greet with your elbows.
Keep social distance (1 metre).

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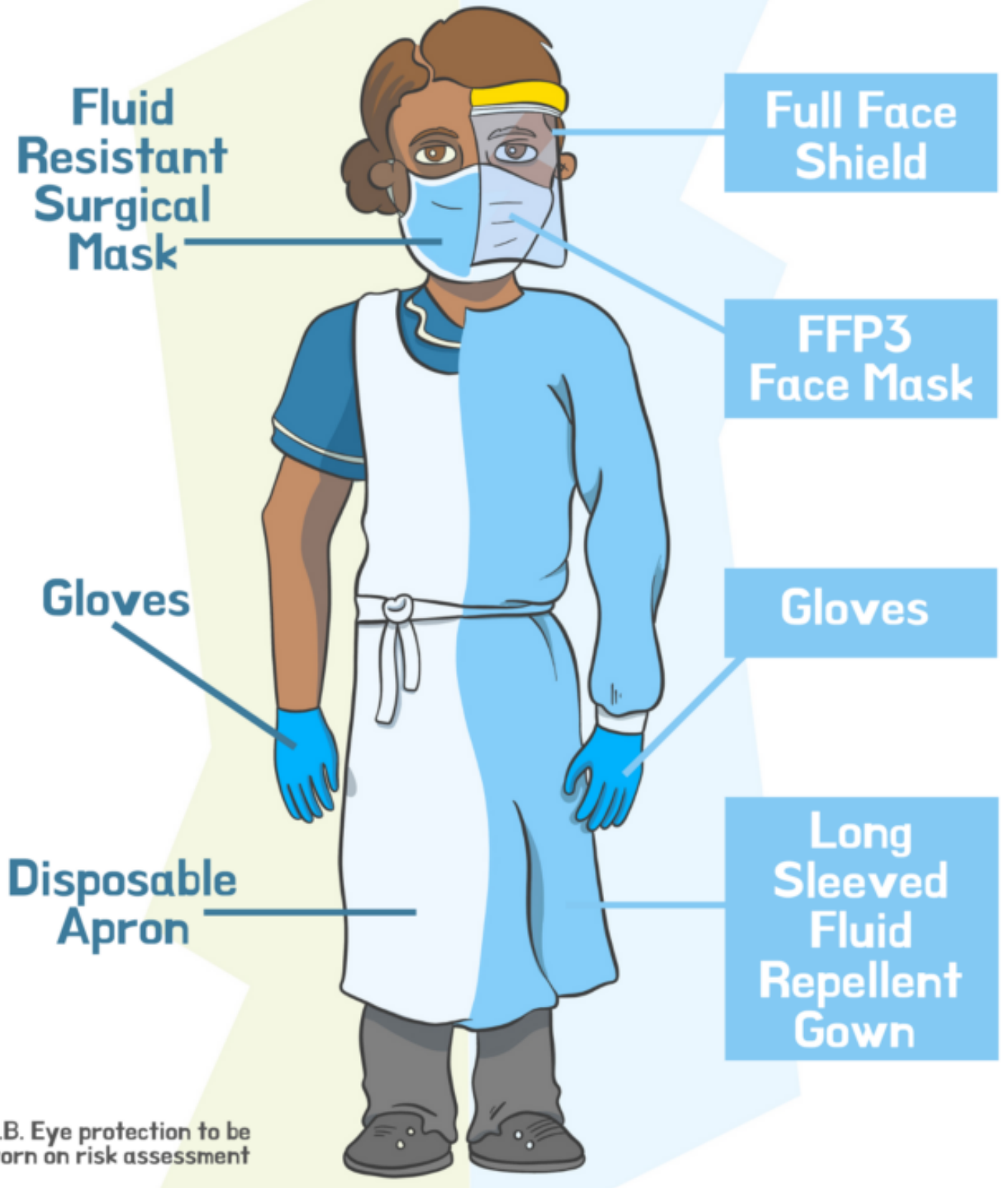






COVID-19

Safe PPE



N.B. Eye protection to be worn on risk assessment

General contact with confirmed or suspected Covid-19 case

Aerosol Generating Procedures